



JAYAMUKHI EDUCATIONAL SOCIETY

# JAYAMUKHI COLLEGE OF PHARMACY

(Approved by AICTE & PCI, New Delhi & affiliated to Kakatiya University, Warangal, T.S)  
NARSAMPET, Dist. Warangal - 506 332, (T.S)

## NSS UNIT

No: JCP/NSS/2022

Date: 15-06-2022

## CIRCULAR

This is to inform all faculty members & volunteers of the institute that our NSS unit is conducting a **Special camp in Budharaopet village, Narsampet on dt:18-06-2022.**

Principal  
Jayamukhi College of Pharmacy  
Narsampet-506 332

**Principal**

### Copy to:

1. Department HOD'S of Pharmacology, pharmaceuticals and Pharm.D
2. Office of the IQAC



NATIONAL SERVICE SCHEME



## JAYAMUKHI COLLEGE OF PHARMACY

### Details of the Special camp held at Budharaopet from 18-06-2022 to 24-06-2022

Date	Details of the activity	Number of volunteers
18-06-2022	Inauguration of the camp at gram panchayat office and training to the volunteers	121
19-06-2022	Importance of hand wash, creating awareness and collection of plastic waste	134
20-06-2022	Swatch bharaat program at village	149
21-06-2022	Hands on CPR and Health checkup	157
22-06-2022	Menstrual hygiene awareness for high school girls and Carrier guidance to model school children	160
23-06-2022	Sanitisaion program at Palle Prakruthi vanam and collection of plastic waste	174
24-06-2022	Valedictory section at gram panchayat office	168

## **List of events in the special camp**

**Day 1** – Inaugural ceremony, Training to volunteers.

**Day 2** - Importance of hand wash and precautions to be taken during summer season.

**Day 3** - Swachh Bharat

**Day 4** - Cardiopulmonary resuscitation (CPR)

**Day 5** -Carrier guidance to model school children

**Day 6** -Menstrual hygiene awareness program

**Day 7**- Valedictory function.

## **Day 1**

### **Inauguration of the NSS Special camp at Budharopet**

National service scheme is the scheme launched by ministry of youth affairs to involve the youth in various educations to serve the society. The caption of NSS is NOT ME BUT YOU.

With the special interest of our Honourable MLA Peddi Sudharshan Reddy garu and by following the orders of NSS coordinator of Kakatiya University Dr.Eesam Narayana garu we have decided to conduct the special at Budharopet. To the inauguration function was held at Gram panchayat office Budharopet. The program was inaugurated by the Sarpanch of the village by jyothi prajwalana and followed by prayer song. Program officer Mr.T.Ashwin Kumar has explained the schedule for the seven days special camp and seeked the help of gram panchayat people for conducting the camp. He extended his appreciation to the volunteers for showing their interest in participating the camp. While addressing the gathering sarpanch has said that NSS is the very good scheme to service the people, he appreciated and extended happiness to the NSS unit of Jayamukhi College of pharmacy for choosing their village for special camp. He promised that he will extend all the support needed. College management Mr.Shankar reddy garu addressed the gathering and said that students has to be very disciplined and should serve the village while doing activities. Director of the college Dr.C.Veeresham has said that these types of camps inculcate many leadership qualities in the students. it also builds good manners and capability to serve the society whenever there is a need. Principal of the college Dr.S Vasudeva murthy has said that students and volunteers get more knowledge about the people living in the villages their living style and facilities at their places, and they also learn about handling the situations.

Volunteers also felt very happy and they showed a active involvement in the camp. Post lunch volunteers were given training about the activities and how to execute the work from the next day.

## **Day 2**

### **Importance of hand wash and precautions to be taken during summer season:**

After corona effect the Hand wash is gained more importance. Whenever we come from outside its a custom in Indian culture to wash your hand and feet which prevents the microbes to enter the surroundings. There are 7 steps involved in the process of hand wash. Mostly children of the age below tend to play with the sand and touch the floor frequently where micro organisms and abundant. When the children don't wash their hands or put the same in their mouth it becomes the major source of spread of diseases. Our NSS volunteers visited the primary school and

interacted with the students and explained them various ways of washing hand and also explained the importance of hand wash to children.

As the camp was conducted in the month of April volunteers has visited many homes and explained about the precautions to be taken during summer season. People under go severe dehydration during summer which causes loss of salts and electrolytes from the body. There is also a chance of getting sun stroke if the people are exposed to the hot sun for more time. Volunteers have explained the consequences and how to overcome these situations.

### **Day 3**

#### **Swachh Bharat**

Swachh Bharat Mission (SBM), Swachh Bharat Abhiyan, or Clean India Mission is a country-wide campaign initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management. Initiated by the Government of India, the mission aimed to achieve an "open-defecation free" (ODF) India by 2 October 2019, the 150th anniversary of the birth of Mahatma Gandhi through construction of toilets. An estimated 89.9 million toilets were built in the period. The objectives of the first phase of the mission also included eradication of manual scavenging, generating awareness and bringing about a behavior change regarding sanitation practices, and augmentation of capacity at the local level.

The second phase of the mission aims to sustain the open defecation free status and improve the management of solid and liquid waste, while also working to improve the lives of sanitation workers. The mission is aimed at progressing towards target 6.2 of the Sustainable Development Goals Number 6 established by the United Nations in 2015.

Our NSS unit has decided to conduct this program in the village. Volunteers distributed into groups and with the help of the panchayat workers they have cleaned the roads and colonies of the village. They also explained about the Swachh bharat mission.

### **Day 4**

#### **Cardiopulmonary resuscitation (CPR)**

Cardiopulmonary resuscitation (CPR) is an emergency procedure consisting of chest compressions often combined with artificial ventilation in an effort to manually preserve intact brain function until further measures are taken to restore spontaneous blood circulation and breathing in a person who is in cardiac arrest. It is recommended in those who are unresponsive with no breathing or abnormal breathing, for example, agonal respirations.

CPR involves chest compressions for adults between 5 cm (2.0 in) and 6 cm (2.4 in) deep and at a rate of at least 100 to 120 per minute. The rescuer may also provide artificial ventilation by

either exhaling air into the subject's mouth or nose (mouth-to-mouth resuscitation) or using a device that pushes air into the subject's lungs (mechanical ventilation).

CPR alone is unlikely to restart the heart. Its main purpose is to restore partial flow of oxygenated blood to the brain and heart. The objective is to delay tissue death and to extend the brief window of opportunity for a successful resuscitation without permanent brain damage. In general, CPR is continued until the person has a return of spontaneous circulation (ROSC) or is declared dead.

Our NSS unit in association with Srinivasa heart foundation has conducted the CPR program in the village and explained how CPR is performed. The founder of Srinivasa heart foundation Dr.Ramaka Srinivas has provided us the mannequin which are very much helpful to explain the process. As our volunteers are well trained with the Doctor they are able to explain the process of CPR. Villagers showed interest in learning the process.

### **Day 5**

#### **Carrier guidance to model school children**

Model school was located in the interior of the village has 1000 students perusing schooling and intermediate education. Most of them are from remote places and lack the knowledge about various carriers and higher education to peruse. As most of them were in the adolescent stage their mind tend to be attracted to bad habits very fast. These students need proper counselling to get into right path. Jayamukhi college of Pharmacy Research director Dr.Ciddi Veersham who is the retired professor from Kakatiya University has interacted with the students and explained about the various carrier opportunities after they complete their higher education. Students felt very happy interacting with the professor and asked many doubts which were clarified. NSS Co-Ordinator of kakatiya university Dr.Eesam Narayana has visited the camp and appreciated the volunteers' about the various activities performed and filled more joy and spirit in the volunteers.

### **Day 6**

#### **Menstrual hygiene awareness program**

Model school consists of many girls children of adolescent age. So our unit felt to organise a menstrual hygiene awareness program in the school. Menstrual cycle is very common to all the girl children belonging to adolescent age. If they don't maintain proper hygiene during that time it leads to severe health issue. Our Pharm D VI year student's prasanna pragna Divya has explained to the students about the proper hygienic conditions to be maintained and proper way of the disposal of the sanitary pads. Students asked many doubts which were clarified by volunteers. Students and volunteers also visited palle prakruthi vanam and cleaned the surroundings.

## **Day 7**

### **Valedictory session at gram panchayat office**

The valedictory session was organised at gram panchayat office. Sarpanch Praveen, Panchayat secretary madam, Research Director C.Veersham, Principal of the college Dr.S.Vasudeva Murthy, staff members, students and volunteers has participated in this session. Program officer T.Ashwin Kumar has explained the various programs conducted in the villages during the past 6 days like menstrual hygiene awareness program, carrier guidance to model school children, Swachh bharat, importance of hand wash,. I thanked all the volunteer and management for their co-operation without which this program would not be a successful. Sarpanch Praveen also appreciated the team of NSS unit of Jayamukhi College of pharmacy. He said that the programs conducted during the week days are very impressive and very helpful to the villagers. Principal Dr.S.Vasudeva Murthy said that the Team shall always be ready to provide services whenever they need them.

## Newspaper clips

### మోడల్ స్కూల్ లో కెరీర్ గైడెన్స్

**ది.శ. ఖానాపూర్:** మండలంలోని బుధరావుపేటలో జయముఖి ఫార్మసీ కళాశాల విద్యార్థుల క్యాంపు మోడల్ స్కూల్ లో కెరీర్ గైడెన్స్ కార్యక్రమం నిర్వహించారు. కేయూ విశాంత ప్రొఫెసర్ సిద్ది వీరేశం విద్యార్థులతో మాట్లాడారు. చెడు వ్యసనాల పట్ల ప్రభావితం భవిష్యత్ ప్రణాళిక రూపొందించుకోవాలని సూచించారు. ఎన్ఎస్ఎస్ ప్రోగ్రాం కోఆర్డినేటర్ డాక్టర్ నారాయణ మాట్లాడారు సామాజిక అవగాహన పెంచడంలో ఎన్ఎస్ఎస్ వలంటీర్లు ప్రధాన పాత్ర పోషిస్తున్నారని అన్నారు. కార్యక్రమంలో ఎన్ఎస్ఎస్ ప్రోగ్రాం ఆఫీసర్ అశ్వినీ కుమార్, ప్రిన్సిపాల్ డాక్టర్ రాజా మూర్తి, అధ్యాపకులు అనిల్ కుమార్, నిషాద్, ఫాతిమా పాల్గొన్నారు.

### శానిటేషన్ పై గ్రామస్తులకు అవగాహన



ఖానాపూర్ ఏప్రిల్ 23 వుదయం ప్రతినిధి, మండలంలోని బుధరావుపేట గ్రామంలోని పల్లె ప్రకృతి వనంలోని పిచ్చి మొక్కలను నర్సరీపేట జయముఖి ఫార్మసీ కళాశాల ఎన్ఎస్ఎస్ బృందం, ఎన్ఎస్ఎస్ ప్రోగ్రాం కో ఆర్డినేటర్ అశ్వినీ కుమార్ ఆధ్వర్యంలో పిచ్చిమొక్కలు తొలగించారు. గ్రామస్తులకు శానిటేషన్ పై అవగాహన కల్పించి గ్రామంలోని వ్యర్థాలను గ్రామస్తులతో కలిసి చెత్తాచెదారం లేకుండా క్లీన్ చేసి గ్రామస్తులకు అవగాహన కల్పించారు. ఈ కార్యక్రమంలో ఎన్ఎస్ఎస్ బృందం తదితరులు పాల్గొన్నారు.



## Certificate

**NATIONAL SERVICE SCHEME**

 **JAYAMUKHI EDUCATIONAL SOCIETY**  
**JAYAMUKHI COLLEGE OF PHARMACY**  
(Approved by AICTE & PCL New Delhi & affiliated to Kakatiya University, Warangal, T.S)  
Narsampet, Dist. Warangal - 506 332, (T.S) 

**CERTIFICATE OF PARTICIPATION**

**THIS IS TO CERTIFY THAT**

\_\_\_\_\_

For Participating in Special Camp Which was conducted on 18/06/2022  
in Budharaopet village, Narsampet. Organized by  
NSS Unit of JAYAMUKHI COLLEGE OF PHARMACY  
NARSAMPET

\_\_\_\_\_

**T. Ashwin Kumar**  
NSS coordinator

\_\_\_\_\_

**Dr.S.V.Murthy**  
Principal

## STUDENTS ATTENDANCE



JAYAMUKHI EDUCATIONAL SOCIETY  
**JAYAMUKHI COLLEGE OF PHARMACY**  
(Approved by AICTE & PCI, New Delhi & affiliated to Kakatiya University, Warangal, T.S.)  
 NARSAMPET, Dist. Warangal - 506 502, (T.S.)



National Service Scheme


Program: Special Camp

Date: 18-06-2022

List of Volunteers

S.No	Name of the volunteer	Course / Year	Signature
1	Dhontar. Chaitra	Pharm.D.VI <sup>th</sup> yr	Chaitra
2)	Gondi. Sueltha	pharm-D.VI <sup>th</sup> yr	Sueltha
3	Kiranmai. Sana	pharm.D.VI <sup>th</sup> yr	Sana
4	ma. Zaharuddin	pharm.D.VI <sup>th</sup> yr	Zaharuddin
5	G. Susha	Pharm.D.VI <sup>th</sup> yr	Susha
6	K. Radhika	pharm.D.VI <sup>th</sup> yr	Radhika
8	Ch. Shirisha	pharm.D.VI <sup>th</sup> yr	Shirisha
9	m. Dilip	pharm.D.VI <sup>th</sup> yr	Dilip
10	D. Sai Karthik	pharm.D.VI <sup>th</sup> yr	Sai Karthik
11	D. moujib	pharm.D.VI <sup>th</sup> yr	Moujib
12	Sameena begum	pharm.D.VI <sup>th</sup> yr	Sameena
13	G. Srija	pharm.D.VI <sup>th</sup> yr	Srija
14	m. Ramana Kumar	pharm.D.VI <sup>th</sup> yr	Ramana Kumar
15	A. Vinutha	pharm.D.VI <sup>th</sup> yr	Vinutha
16	G. Indranya	pharm.D.VI <sup>th</sup> yr	Indranya
17	Atharva	pharm.D.VI <sup>th</sup> yr	Atharva
18	S. Sumrutha	pharm.D.VI <sup>th</sup> yr	Sumrutha
19	M. Swathi	pharm.D.VI <sup>th</sup> yr	Swathi
20	K. Manasa	pharm.D.VI <sup>th</sup> yr	Manasa
21	K. nichish Kumar	pharm.D.VI <sup>th</sup> yr	Nichish Kumar



  
 Principal  
 Jayamukhi College of Pharmacy  
 Narsampet-506

List of Volunteers

S.No	Name of the volunteer	Course / Year	Signature
22	A. Sharan Purnima	Pharm. D.V <sup>III</sup> yr	Purnima
23	Chaitanya	Pharm. D.V <sup>III</sup> yr	Chaitanya
24	Gangamani	Pharm. D.V <sup>III</sup> yr	Gangamani
25	S. Suthana	Pharm. D.V <sup>III</sup> yr	Suthana
26	Soumya	Pharm. D.V <sup>III</sup> yr	Soumya
27	Rupali	Pharm. D.V <sup>III</sup> yr	Rupali
28	B. Navya	Pharm. D.V <sup>III</sup> yr	Navya
29	Anil Kumar	Pharm. D.V <sup>III</sup> yr	Anil
30	Sai Aran. K	Pharm. D.V <sup>III</sup> yr	Sai
31	Akhil	Pharm. D.V <sup>III</sup> yr	Akhil
32	Vinay Kumar	Pharm. D.V <sup>III</sup> yr	Vinay
33	Shubakar	Pharm. D.V <sup>III</sup> yr	Shubakar
34	Pravalika	Pharm. D.V <sup>III</sup> yr	Pravalika
35	naga pravalika	Pharm. D.V <sup>III</sup> yr	Naga Pravalika
36	Rashmita Shivari	Pharm. D.V <sup>III</sup> yr	Rashmita
37	M. Amulya	Pharm. D.V <sup>III</sup> yr	Amulya
38	Aysha	Pharm. D.V <sup>III</sup> yr	Aysha
39	Jusaria Nousheen	Pharm. D.V <sup>III</sup> yr	Nousheen
40	A. Divyashri	Pharm. D.V <sup>III</sup> yr	Divyashri
41	B. Subhadra	Pharm. D.V <sup>III</sup> yr	Subhadra
42	Srawanti	Pharm. D.V <sup>III</sup> yr	Srawanti
43	Hemika	Pharm. D.V <sup>III</sup> yr	Hemika
44	Geethanjali Sharma	Pharm. D.V <sup>III</sup> yr	Geethanjali
45	Supriya	Pharm. D.V <sup>III</sup> yr	Supriya



*Blas...*  
Principal  
Jayamukhi College of Pharmacy  
Narsampet-506 001

List of Volunteers

S.No	Name of the volunteer	Course / Year	Signature
46	Maneetha	Pharm. D.II <sup>th</sup> yr	Maneetha
47	Prasanna Pragna	Pharm. D.II <sup>th</sup> yr	Pragna
48	Maniteja	Pharm. D.II <sup>th</sup> yr	Maniteja
49	Rukmeshwar	Pharm. D.II <sup>th</sup> yr	Rukesh
50	B. Manjula	Pharm. D.II <sup>th</sup> yr	manjula
51	Sai narekh	Pharm. D.II <sup>th</sup> yr	Sai
52	Shabna	Pharm. D.II <sup>th</sup> yr	Shabna
53	Shameetha	Pharm. D.II <sup>th</sup> yr	Shameetha
54	Rubeena	Pharm. D.II <sup>th</sup> yr	Rubeena
55	Ameen	Pharm. D.II <sup>th</sup> yr	Ameen
56	Samreen	Pharm. D.II <sup>th</sup> yr	Samreen
57	Himaja	Pharm. D.II <sup>th</sup> yr	Himaja
58	Harith	Pharm. D.II <sup>th</sup> yr	Harith
59	Akhil Kumar	Pharm. D.II <sup>th</sup> yr	Kumar
60	P. Navya	Pharm. D.II <sup>th</sup> yr	Navya
61	md. Yaseen	Pharm. D.II <sup>th</sup> yr	Yaseen
62	Pratyutha	Pharm. D.II <sup>th</sup> yr	Pratyutha
63	Ayethawi	Pharm. D.II <sup>th</sup> yr	Ayethawi
64	Nikhila	Pharm. D.II <sup>th</sup> yr	Nikhila
65	P. Navya	Pharm. D.II <sup>th</sup> yr	Navya
66	M. Apoorva	Pharm. D.II <sup>th</sup> yr	Apoorva
67	G. Archana	Pharm. D.II <sup>th</sup> yr	Archana
68	G. Chidvilas	Pharm. D.II <sup>th</sup> yr	Chidvilas
69	Kavya Sri	Pharm. D.II <sup>th</sup> yr	Sri

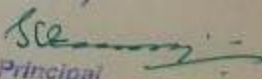


*Shamshad*  
Principal  
Jayamukhi College of Pharmacy  
Narsapur-506 332

List of Volunteers

S.No	Name of the volunteer	Course / Year	Signature
70	Hajeera	pharm.D I <sup>st</sup> yr	Hajeera
71	A. Kiran	pharm.D I <sup>st</sup> yr	Kiran
72	M. Nishanth	pharm.D I <sup>st</sup> yr	Nishanth
73	L. Priyanka	pharm.D I <sup>st</sup> yr	Pri
74	B. Manasa	pharm.D I <sup>st</sup> yr	manasa
75	K. Kaveri	pharm.D I <sup>st</sup> yr	Kaveri
76	S. Rani	pharm.D I <sup>st</sup> yr	Rani
77	V. Ganapathi	pharm.D I <sup>st</sup> yr	Ganapath
78	Aishwarya	pharm.D I <sup>st</sup> yr	Aishw
79	Lakshmi Bhat	pharm.D I <sup>st</sup> yr	Lakshmi
80	Mahanki	pharm.D I <sup>st</sup> yr	mahanki
81	Heena Samreen	pharm.D I <sup>st</sup> yr	Samreen
82	Ajay	pharm.D I <sup>st</sup> yr	Ajay
83	Shrawani	pharm.D I <sup>st</sup> yr	Shrawani
84	Navya	pharm.D I <sup>st</sup> yr	Navya
85	K. Neha	pharm.D I <sup>st</sup> yr	Neha
86	Ashitha	pharm.D I <sup>st</sup> yr	Ashitha
87	Sai Kumar	pharm.D I <sup>st</sup> yr	Sai
88	Vishwasindhu	pharm.D I <sup>st</sup> yr	Vishwas
89	Ashiya meena	pharm.D I <sup>st</sup> yr	Ashiya
90	Sravya	pharm.D I <sup>st</sup> yr	Sravya
91	Amrutha	pharm.D I <sup>st</sup> yr	Amrutha
92	Sindhya	pharm.D I <sup>st</sup> yr	Sindhya
93	Amreen Suthan	pharm.D I <sup>st</sup> yr	Amreen



  
 Principal  
 Jayamukhi College of Pharmacy  
 Narsampet-506 733

